

#### To empower all children to have a bright future.

### This Month's Focus Value: Positivity

#### A note from Mrs Harrison:

This week is Children's Mental Health Week. The message this year is 'My Voice matters'.

Our week started with the launch of this month's focus value of Positivity, followed by an assembly to introduce Children's Mental Health week - led by our PHSE Lead, Mrs Wainscott.

On Tuesday, Mrs Bowry led our Safer Internet Day with an assembly focused on how to stay safe if things change online. Many of our parents will have read or heard the heartbreaking message shared by Mrs Ghey, following the tragic murder and death of her daughter. She shared the importance of knowing what our children access online and is campaigning for social media apps to be banned for all children under the age of 16. Our children never get a break from online activity. That in itself can have a detrimental effect on a child's mental health. At school we have both monitoring and filtering on our system. We are able to closely monitor our children's online activity. Any worrying words typed by pupil are raised as a concern and then action taken by a member of the safeguarding team at school. What checking system do you have at home for monitoring your child whilst online? Please do ask if you need any further support with this by contacting us through the school office.

Have a wonderful half term. Don't forget that

Monday 19th February is an INSET day. See you on the gate on Tuesday 20th February.

#### Value of the month: Positivity

Definition: Positivity means: being hopeful in your attitude and focusing on what is good in a situation.

#### <u>What does positivity look like:</u> The ability to be strong and hopeful

and use a growth mindset.

"If you see someone without a smile, give them one of yours."

#### House Points Weekly Winner

It is a roll-over week. House points earned this week will be added to the house points earned in the 4 days we are at school in the first week back after half-term.







# Knaphill Junior School



### Weekly Update

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#### Stars of the Week

Congratulations to this week's winners: Year 3- Sara, Ben and Paige Year 4- Jack S, Parneet and Oliver Year 5- Zeth and Ellie-May Year 6- Maliyah, Amelie and Leticia

#### Attendance Cup

The winners of the attendance cup this week are Birch class - with an unbeatable 100%

Worthy of a special mention are Cedar class with an impressive 99.6%.

#### TTRS- The results are in!

In the latest TTRS competitions, we have Year 5 currently leading against Year 6 and Year 4 are ahead of Year 3. However, the scores are quite close and you have until the Thursday after half-term to gain points for your year group. Get practising those vital times tables skills and you could win an additional break-time for your whole year group!







# Knaphill Junior School



### Weekly update

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#### Safer Internet Day

The aim of Safer Internet Day is to promote the safe, positive, and responsible use of the internet for children and young people.

The main message of our assembly was the importance of telling a trusted adult if you see something that worries you online.

Children were also reminded of the importance of:

-asking a trusted adult before you download something new

-turning off, over or pausing your device and seeking adult advice if your are worried

- ask a trusted adult to show you where the block and report buttons are and for help in using them.

Studies show that Key Stage 2 pupils are unwilling to report anything worrying they see online as they are frightened their parents and guardians will take devices away. It is important to communicate with your child about their online activity, so they always feel they can share anything that makes them worried or anxious.

Parents and guardians must remember devices have default settings and you are responsible for setting parental controls and checking privacy setting to protect your child.

It can be challenging to know how to do this on ever evolving technology. This website is very helpful:

https://www.internetmatters.org/parental-controls/

If you are ever unsure about the suitability of an app, game, film or book, this website gives you honest, detailed reviews and guidance. https://www.commonsensemedia.org/



# Digital safety at a glance

#### internet matters.org

#### Guidance for parents of 8-10-year-olds

Use this quick tips guide to stay on top of your child's online safety needs.

#### Tech use, issues and tips

Learn about common experiences at this age and what you can do to keep your child safe online as they grow.



watch video online



82% send messages or make video/voice calls



Source: Ofcom 2023



#### Too much screen time

Too much screen time is the online harm most experienced at this age, increasing as children grow; **71% of parents worry about this.** 

Source: Internet Matters tracker survey

Set time limits for devices but also help kids experience a range of activities to create and learn to support their wellb eing .



#### In-game and in-app spending

In-game and in-app spending is the **second-most common online harm among 8-10s,** increasing with age. However, parent concern about this decreases as children grow.

Source: Internet Matters tracker survey

Review purchase settings and parental controls in apps, games and online stores to set limits, then talk about why they're important.



#### Viewing violent content

Viewing violent content is the third-most common online harm at this age, and **67% of parents worry about it.** 

Source: Internet Matters tracker survey

Set parental controls and restrictions on video games, videos and websites children access. Talk to them about why some content is not appropriate.

Learn about these issues and more at internetmatters.org

#### Practical tips to keep 8-10s safe online

Set parental controls on popular apps



**1.** Set up YouTube Kids or a Supervised Account.

 Use timers to manage screen time.
Turn off watch history to limit suggested videos.

### NETFLIX

**1.** Create a Kids Profile so they have access to age appropriate content.

**2.** Customise their profile's maturity rating.

**3.** Turn off autoplay on series to help manage screen time.

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1. WhatsApp age minimum is 16 in the UK, so review privacy settings.

2. Disable live location and who

can contact your child.

**3.** Familiarise yourself with all features.

See all parental controls guides at internetmatters.org/controls

### Are they gaming with others online?

- Set up controls in-game and on consoles
- Talk about keeping personal information private
- Discuss positive behaviour online
- Search **'top internet manners'** for more



### Get personalised advice straight to your inbox

Want support to stay on top of your kids' digital lives? Together, we've got this, with our free personalised family digital toolkit. By completing the form you'll get:

- Age-specific checklists and guides
- Safety information on the latest
- apps and platforms
- Resources to tackle online
- concerns by age
- Interactive tools to encourage
- discussions on key topics

Scan the QR code or go to internetmatters.org /toolkit



## Make online safety a part of their everyday

#### Conversations to have

Talk about:

- What they're watching; what do they like about it?
- What apps/games they like;
- what would they like to try?
- How being online makes them feel; what signs tell them they need a break?

See more at internetmatters.org

#### Tools to explore together

Build digital skills and play together with: • The Online Together Project: an interactive

quiz with discussion points to challenge stereotypes and hate online.

• Find the Fake: a series of quizzes to help teach children how to recognise and tackle misinformation online.

• Digital Matters: complete the interactive stories with your child to help them learn key online safety skills.

Go to **internetmatters.org/advice** for more





# Knaphill Junior School 👔



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#### Bikeability - Year 4

Some of our Year 4 children have thoroughly enjoyed taking part in their Level 1 Bikeability training this week. Our children have been busy mastering the essential skills of safe and responsible cycling. We have been incredibly proud of our children's exemplary behaviour and their eagerness to progress and improve upon their cycling skills. Incredible work, Year 4 - well done!



#### School of Rock!

Our Year Six children were lucky enough to watch the Winston Churchill School's production of School of Rock at the Rhoda McGaw theatre today. We were absolutely blown away by the acting and dancing, not to mention the incredible musical talent! We were also so impressed with all the backstage and technical crew for making the experience seamless. It really was evident just how hard all the Winston children and staff have worked to put on such a show-stopper.

We were very proud teachers today: not only of watching our ex-Knaphill children but also of our Year Sixes for their respectful behaviour from start to finish.

Thank you Winston Churchill. What a great day!







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### Recommended Reads - Computing

Readers 7+

<u>Staying Safe Online</u> By Steffi Cavell-Clarke (author) Part of the Computers and Coding series

Could you program a toaster? Make a phone call on a watch? Stop a thief from stealing your identity? With computers we can do all this and more.

Learn about our digital lives from staying safe online to understanding a computer's languages and discover how computers store and use our information in Computers and Coding.

This series uses engaging imagery and simple information to equip young readers with the digital skills they need to live and learn in a virtual world.

<u>Readers 8+</u> <u>Adam Wins the Internet</u> By Adam B (author) James Lancett (illustrator)



Adam likes nothing more than making his mum and little brother laugh, something that's even more important since his dad died.

He'd love to make the rest of the world laugh too and when he accidentally goes viral on YouTube, it seems his dream will come true, especially with the help provided by Popularis Incrementum, a mysterious, possibly magical pop up on his phone.

Adam's adventures as he goes all out to hit one million subscribers are achingly funny for readers and of course his growing band of subscribers, but it's only when everything suddenly seems to be on the brink of disaster that he realises Popularis Incrementum had set him a different challenge altogether, one much closer to home.

Author Adam B knows all about internet fame, but a great deal too about adolescent boys, families, and how to engage and entertain readers. Put down the phone and pick up this book for laughs (and just maybe a few tears too).





# Knaphill Junior School 👔



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### Recommended Reads - computing



<u>Readers 9+</u> <u>The Day the Screens Went Blank</u> By Danny Wallace (author), <u>Gemma Correll (illustrator)</u>

What happens when Mum and Dad can no longer rely on technology to keep them informed? Following a nationwide collapse in everything technical, Stella's family sets off to visit Grandma on the other side of the country because they can't reach her on Skype. It's a road trip with a difference – no phones, no sat nav, no paying for a meal with a credit card. Stella makes a great narrator as she watches her father, shorn of his usual helping tools, navigate this new situation. In doing so she lightly reveals the pitfalls that would beset us all if all the screens went blank while also gently leading readers to see that there could be some benefits.



<u>Readers 9+</u> <u>Staying Safe Online</u> By Louie Stowell (author) Part of the Usborne Life Skills series

The internet is full of amazing possibilities but, just like the real world, there are a lot of potential dangers and difficulties too. You need to know what to watch out for and how to protect yourself. Whether you're worried about oversharing on social media or coming across dangerous people, this guide gives you tips and tools to take control and stay safe online.

### WE NEED YOUR CLOTHES!

### PLEASE DONATE UNWANTED CLOTHES

to

Clothes4U Clothes Bank

Knaphill Methodist Church

We give clothing to anyone who needs it.

# WINTER CLOTHES NEEDED URGENTLY!! PLEASE DONATE CLOTHES FOR MEN WOMEN BOYS GIRLS & BABIES

### HOW TO DONATE

#### bring your clothes to Knaphill Methodist Church

(use glass door down side passage)

1:30-3:30pm on these dates:

Saturdays 17 Feb / 16 Mar / 20 Apr

### Can't make those dates?

email us to arrange another time





Stay for FREE tea, coffee & a chat

#### **Clothes4U**

Pre loved clothes with TLC

from



#### **Knaphill Methodist Church**

Broadway, Knaphill, Surrey GU21 2DR

Next open day: Saturday 17 February 2024 2-4 pm

To claim your FREE clothes, ask for a voucher - speak to:



www.knaphill-methodist-church.com/clothes4U

clothes@knaphill-methodist-church.com







# Weekly update

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An dates are kept up-to-date on the school website. ktos.co.uk/news/calendar/			
Date	Event	Year Group	
Monday 12th - Friday 16th February	Half Term	AII	
Monday 19th February	INSET	All	
Monday 26th - Wednesday 28th February	Residential Trip	Year 4	
Monday 4th March	Book Week Event	AII	
Monday 4th March-Friday 8th March	Book Week (Thursday 7th March - World Book day)	All	
Sunday 10th March	Mother's Day		
Monday 11th - Friday 15th March	Science Week	All	







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All dates are kept up-to-date on the school website: kfos.co.uk/news/calendar/

Date	Event	Year Group
Friday 15th March	Red Nose Day	AIJ
Monday 18th - Friday 22nd March	Opportunity for Parents and Guardians to view children's books - 3:30pm Day for each year group TBC	All
Tuesday 19th – Friday 22nd March	Residential	Year 6
Tuesday 26th March and Wednesday 27th March	Parents' Evening	All
Wednesday 27th March	SEND Passports sent home	
Thursday 28th March	Book Swap – Spring Term	All
Thursday 28th March	Last Day of Spring Term - Finish at 1:15pm	All