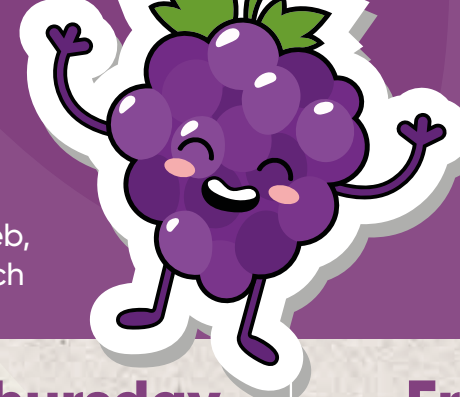


Twelve 15

Week 1

Autumn/Winter 2023/24 Menu

Weeks Starting:
30th Oct, 20th Nov,
11th Dec, 15th Jan, 5th Feb,
4th March and 25th March



Monday

Option 1



Cheese and Tomato Pizza with Pasta Salad

Vegetarian

Option 2



Cheese and Tomato Pasta

Option 3

School's Choice

Tuesday

Option 1

Beef and Vegetable Pasta Bake

Option 2



Sweet Potato Whirl with Potato Crispers

Option 3

School's Choice

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2



Quorn Sausage with Roast Potatoes and Gravy

Option 3

School's Choice

Thursday

Option 1

Spanish Chicken with Rice

Option 2



Meat Free Bolognese with Pasta

Option 3

School's Choice

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2



Cheese and Onion Slice with Oven Chips

Option 3

School's Choice



Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:



Chef's Shortbread

Dessert:



Fruit Yoghurt

Dessert:



Chef's Flapjack

Dessert:



Toffee Apple Crumble with Custard

Dessert:



Mandarin Jelly



Vegetarian



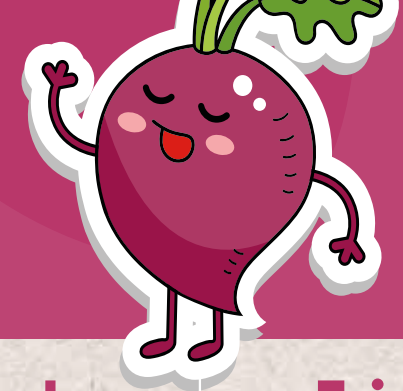
Contains a minimum of 50% fruit

Twelve 15

Week 2

Autumn/Winter 2023/24 Menu

Weeks Starting:
6th Nov, 27th Nov,
1st Dec, 22nd Jan,
19th Feb and 11th March



Monday

Option 1



Pasta Twists with Tomato Sauce

Tuesday

Option 1

Pork Sausages with Creamy Potato and Gravy

Wednesday

Option 1

Roast Gammon with Roast Potatoes and Gravy

Thursday

Option 1

Spaghetti Bolognese

Friday

Option 1

Fish Fingers with Oven Chips



Vegetarian

Option 2



Bombay Beans and Cheese Topped Potato Crisps

Option 2



Meat Free Sausages with Creamy Potato and Gravy

Option 2



Meat Free Lattice Slice with Roast Potatoes and Gravy

Option 2



Bean Burrito with Salad

Option 2



Meat Free Hot Dog with Oven Chips

Option 3

School's Choice

Option 3

School's Choice

Option 3

School's Choice

Option 3

School's Choice

Option 3

School's Choice

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:



Shortbread Biscuit with Fresh Fruit Slices

Dessert:



Fruit Yoghurt

Dessert:



Raspberry Ripple Vanilla Ice Cream Sponge Roll

Dessert:



Chocolate Pear Sponge with Custard

Dessert:



Butterscotch Tart



Vegetarian



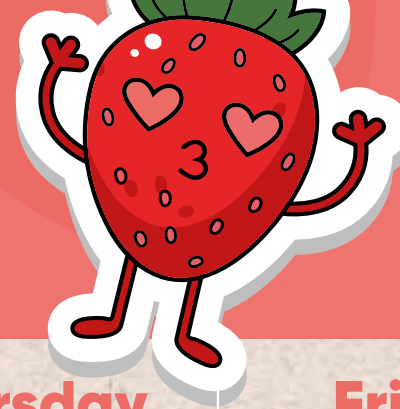
Contains a minimum of 50% fruit

Twelve15

Week 3

Autumn/Winter 2023/24 Menu

Weeks Starting:
13th Nov, 4th Dec,
8th Jan, 29th Jan,
26th Feb and 18th March



Monday

Option 1



Chef's choice of Pasta

Vegetarian

Option 2



Chef's choice of Pasta

Option 3

School's Choice

Tuesday

Option 1

Beef Burger in a Bun with Oven Chips

Option 2



Meat Free Burger in a Bun with Oven Chips

Option 3

School's Choice

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2



Cauliflower and Broccoli Cheese with Roast Potatoes and Gravy

Option 3

School's Choice

Thursday

Option 1

Keralan Chicken and Butternut Squash Curry with Rice

Option 2



Keralan Spinach and Butternut Squash Curry with Rice

Option 3

School's Choice

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2



Vegan Nuggets with Oven Chips

Option 3

School's Choice

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:



Fruit Yoghurt

Dessert:



Apple Sponge with Custard

Dessert:



Vanilla Ice Cream

Dessert:



Peaches with Custard

Dessert:



Chocolate Cookie



Vegetarian



Contains a minimum of 50% fruit