

# Knaphill Federation of Schools

Knaphill Lower School and Knaphill School

“Together we are better”

Weekly Focus

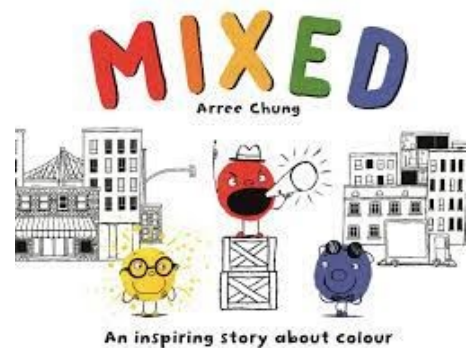
Friday 23rd September

Dear Parents and Guardians,

Although it has been a shorter week for us this week, it certainly has been a busy one! It has been lovely to see our new Reception children in full time and how well they have settled. Having visited our Reception classes this morning, I was very pleased to see how well I was treated as a visitor—within minutes, I was sat down and enthusiastic, happy children were offering me an ice-cream cone (with any flavor I wanted!) and a delicious chocolate biscuit. Although the food was very much imaginary, it was appreciated nonetheless!

## Mixed—assembly theme of belonging

As mentioned a couple of weeks ago, our assemblies this week have been based on a book that has become very familiar to us. *Mixed* by Arree Chung focuses on a city where the colours have been asked to live apart from each other in their colour groups. Luckily for the colours, they decide that life is better, more varied and vibrant when they mix. We have used this powerful book to talk about the theme of belonging and acceptance and how we want to use this idea for our school; **it may not be perfect, but it is a place where we all belong.** We will also return to this book in October as the basis of our learning for Black History month, when we will apply this book to how people have been treated because of the colour of their skin.



To listen to the story with your children, please see this link:

<https://www.youtube.com/watch?v=mn0ep5u0kZo>

## Curriculum Evenings:

A big thank you to everyone who managed to attend our curriculum evenings in the last couple of weeks. It has been lovely to see you all face to face and we have been really pleased about attendance during these events. We are recording videos for each of these sessions and Year One's is ready to go, please click on the below link to view. Reception and Year 2 will be shared next week.

Year 1 curriculum evening: <https://drive.google.com/file/d/1Ne4klutKjvGwYopQMrzsAMTM2MU0douv/view?usp=sharing>

## Feedback from clubs this term

Clubs are up and running this week and it has been a lot of fun for all involved. We are aware there have been some teething issues and these have been addressed for next week. We have also appreciated all feedback linked to clubs and we will use this to improve the process next term. Suggestions include: a changed release time, which will be fair for all families; more advanced communication; and more clubs for Reception children, when they have settled in.

## Reception tours

Lastly, please spread the word that our Reception Tours have already started. We had our first tour today and it was a joy to show a group of parents around such a happy, engaged and warm school. Our children were amazing and made me incredibly proud.

Have a wonderful weekend.

Best wishes,

Miss Harbridge

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Friday 2nd September

I really cannot believe that we are at the end of our third week. Doesn't time fly when you are enjoying yourself!

We have had an action packed few weeks, with children 'flying' to Africa, 'travelling back in time' to World War II, 'travelling' on the Life Bus, presenting election speeches to their class in anticipation of being elected to our Pupil Parliament and Year 6 applying to become one of the school prefects.

## Value of the week: Compassion (Kindness)

In assembly and in all acts across the school, we have been learning that by being kind we make our world (and school) a nicer place to live. It makes people feel happier and it encourages more people to be kind. Our staff and children have been looking out for acts of kindness and appreciating them.

## Curriculum evenings

These took place on Tuesday and Wednesday evening this week and were a great success. These evenings gave us the opportunity to share more of what is happening this year in each year group, meet the staff in a more informal way, share what the children will be learning about through our rich and varied curriculum, see the classrooms and a chance for parents to meet each other and have a further opportunity to ask questions. In case you missed the evenings, a copy of each presentation has been emailed to all families yesterday.

Thank you to our School PTA for providing all the refreshments.

## Volunteers needed

Volunteers can really make a difference to our school. Whatever your talent, we can use it!

At the moment, we particularly need volunteers to hear our children read during the day and play quieter board games at lunchtime (between 12.30pm – 1pm). If you are interested in volunteering please see Mrs Harrison or Mr Greenwood on the gate or email: dharrison@kfos.co.uk

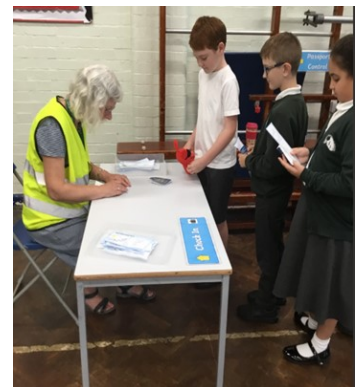
## Community

We are working hard to create a school community where everyone is valued and feels a part of. This includes our neighbours too. We want to show kindness to everyone. Please consider where and how you park when you drop off and collect your child each morning and afternoon.

## Year 4: Flight to Africa

On Monday 19<sup>th</sup> September, Year 4 had an amazing day for during their 'Flight to Africa' experience. The classrooms were transformed in to departure lounges, the school hall became the security and baggage check area, and drink and snacks were served by friendly air-host staff whilst the children watched their in-flight entertainment aboard the plane.

As well as their immersive introduction to the day, the children also learnt about African wildlife during a Kenyan Safari, compared life at Knaphill School to a school in Africa and studied the meaning of different African flags. A huge well done to the children for fully engaging and immersing themselves throughout the day, to families for your support with packing suitcases and to all the Year 4 staff team for creating a memorable experience for our children.



# RECEPTION TOURS

## KNAPHILL LOWER SCHOOL



**VISIT US DURING THE DAY- RECEPTION TOURS**

**MONDAYS AND THURSDAYS**

**9:30 AND 2:00**

**FRIDAYS**

**9:30**



**STAY AND PLAY - BRING YOUR CHILD TO LOOK AROUND**

Saturday 8th October

**9:00 - 11:30**



Please call or email our school office to  
book a session:

[office@knaphill-lower.surrey.sch.uk](mailto:office@knaphill-lower.surrey.sch.uk)

01483 473282

# The ZONES of Regulation

			
<b>Blue Zone</b> Sad Bored Tired Sick	<b>Green Zone</b> Happy Focused Calm Proud	<b>Yellow Zone</b> Worried Frustrated Silly Excited	<b>Red Zone</b> overjoyed/Elated Panicked Angry Terrified

At Knaphill Junior School (and starting at the Lower School in a few weeks), we have launched the Zones of Regulation throughout the whole school. We want to teach all of our children good coping and regulation strategies so they can help themselves when they experience anxiety and stress.

In the classroom, sometimes children panic when faced with a tricky learning problem or challenge. By teaching them how to cope with these feelings might make them better at tackling learning challenges and build better resilience so they don't give up so easily when faced with difficulty. Teaching the children at a young age about managing their feelings will support them in later life so that they don't turn to negative coping strategies which may affect their mental and physical wellbeing.

### We aim to help children to:

Recognise when they are in the different Zones and learn how to change or stay in the Zone they are in.

Increase their emotional vocabulary so they can explain how they are feeling.

Recognise when other people are in different Zones, thus developing better empathy. • Develop an insight into what might make them move into the different Zones.

Understand that emotions, sensory experiences such as lack of sleep or hunger and their environment might influence which Zone they are in.

Develop problem-solving skills and resilience

Identify a range of calming and alerting strategies that support them (known as their personal 'toolkit').

For more information, please see the attached Zones of Regulation PDF.

### Knaphill Governors:

Please see the below email for our KFOS Governing Board. We are very lucky to have very supportive and engaged governors at Knaphill, who are determined to ensure the very best for your children. If you want to get into contact for any reason, please see the contact details below.

**Marleen Naessens—chair@kfos.co.uk**

## Dates 2022-23

New events are being added every week—these will be in red so you can add them to your diary!

### **Autumn dates:**

30/09—Monthly Fun Run @ 3.30pm (whole community invited)

06/10— Year 1 and Year 2 Phonics and reading workshop for parents @ 6.30pm

10/10 KLS individual photos

11/10 KS individual photos

13/10 KLS outdoor Harvest Festival— all parents are invited to attend @ 9.15am. The celebration should last about 1 hour.

31st October INSET day

Last day of Autumn Term—Tuesday 20th December 2022

### **INSET days:**

3rd January INSET day

20th February INSET day

7th July INSET day

### **PTA Events**

**Change of date:**

**Bag2school 4/10 (Due to Queen Elizabeth's Funeral on 19/9/22)**