

# PSHE Year 6

This document shows the Year 6 PSHE (Personal, Social, Health and Economic education) curriculum for the full school year. The majority of lessons covering the RSE (Relationships and Sex Education) curriculum set by the Department of Education are in the Autumn and Summer terms. Lessons will normally be taught in the order seen unless the need for a specific topic changes for the year group.

Autumn- Relationships (Class Pledge) (Online Safety) (Bonfire Night Safety)	Spring- Living in a Wider World (Road Safety) (Emergency services calls) (First Aid)	Summer- Health and Wellbeing (Sun Safety)
<p><u>Conflict/Team work</u></p> <p>Understand some challenges that can arise from friendship</p> <ul style="list-style-type: none"> <li>• Understand how to handle conflict respectfully</li> <li>• Know the importance of team work</li> <li>• Know how to work collaboratively</li> <li>• Understand negotiation and compromise as terms</li> <li>• Know how to negotiate respectfully and how to reach a compromise</li> </ul>	<p><u>Rights and responsibilities</u></p> <ul style="list-style-type: none"> <li>• Understand the human rights of children in the past</li> <li>• Understand how the human rights of children have changed over time</li> <li>• Know that children have their own human rights</li> <li>• Know the human rights that apply to them</li> </ul>	<p><u>Well being</u></p> <ul style="list-style-type: none"> <li>• Know what can affect their physical and mental health</li> <li>• Understand how to look after their own wellbeing</li> </ul>
<p><u>Secrets</u></p> <p>Understand some physical contact is ok, and some is not</p> <ul style="list-style-type: none"> <li>• Know what to do when physical contact does not feel ok</li> <li>• Understand that some inappropriate touch is illegal</li> </ul>	<p><u>Tolerance and respect</u></p> <p>Understand what prejudice is</p> <ul style="list-style-type: none"> <li>• Understand the benefits of living in a diverse society</li> <li>• Understand the importance of respecting differences</li> </ul>	<p><u>The Media</u></p> <p>Understand how media images can be changed from reality</p> <ul style="list-style-type: none"> <li>• Know the negative parts of fame</li> <li>• Understand importance of personality, not just looks</li> <li>• Understand the difference between fact and opinion</li> </ul>
<p><u>Healthy relationships</u></p> <p>Understand the importance of being assertive when being pressured</p> <ul style="list-style-type: none"> <li>• Understand how to avoid peer-pressure by being assertive</li> <li>• Understand the consequences of reacting to others actions</li> </ul>	<p><u>Democracy</u></p> <p>Understand the term democracy</p> <ul style="list-style-type: none"> <li>• Understand how democracy works</li> <li>• Know how democracy happens in the UK</li> <li>• Understand the process of elections</li> <li>• Understand the process of law making</li> <li>• Understand the importance of laws</li> </ul>	<p><u>Alcohol and Drugs/ Addiction</u></p> <p>Understand that the same drugs can have different uses</p> <ul style="list-style-type: none"> <li>• Understand the laws regarding drugs in this country</li> <li>• Understand why misperceptions of alcohol exist</li> <li>• Understand the effects and risks of drinking alcohol</li> </ul>
<p><u>Types of relationships</u></p> <p>Understand how commitment works in healthy relationships</p> <ul style="list-style-type: none"> <li>• Understand the laws surrounding marriage and that everyone has the right to choose</li> </ul>	<p><u>Community</u></p> <p>Understand their place in the community</p> <ul style="list-style-type: none"> <li>• Understand the importance of feeling part of a community</li> <li>• Understand how different charities and companies</li> </ul>	<p><u>Emotional needs</u></p> <p>Know that all humans have basic emotional needs</p> <ul style="list-style-type: none"> <li>• Know how emotional needs can be met</li> <li>• Understand difference between enjoyment and addiction</li> </ul>

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<ul style="list-style-type: none"> <li>• Understand the different relationships they have</li> <li>• Understand the importance of different types of relationships</li> </ul>	<p style="text-align: center;">support local and national communities</p>	<ul style="list-style-type: none"> <li>• Know that addiction is an emotional need</li> <li>• Know how to handle conflicting emotions</li> </ul>
<p style="text-align: center;"><u>Respect</u></p> <p>Understand the importance of respect at all times</p> <ul style="list-style-type: none"> <li>• Know how to show respect to different people</li> <li>• Understand that everyone deserves respect, regardless of race, family, religion, gender sexual orientation etc.</li> <li>• Understand how to respond to discrimination as a bystander</li> </ul>	<p style="text-align: center;"><u>Our environment</u></p> <p>Understand the importance of caring for the environment</p> <ul style="list-style-type: none"> <li>• Understand responsibility in terms of environmental care</li> <li>• Know how we can care for the environment</li> <li>• Understand what is meant by being environmentally sustainable</li> </ul>	<p style="text-align: center;"><u>Risk</u></p> <p>Understand the consequences of some risk-taking</p> <ul style="list-style-type: none"> <li>• Understand the norm around drinking and smoking</li> <li>• Understand the different risks related to growing up</li> </ul>
	<p style="text-align: center;"><u>Money</u></p> <p>Know the benefits of saving money</p> <ul style="list-style-type: none"> <li>• Understand different methods of saving money</li> <li>• Understand different jobs are paid differently</li> <li>• Understand who has to pay tax and what it is used for</li> </ul>	<p style="text-align: center;"><u>Puberty</u></p> <p>Know how their body changes as it reaches puberty</p> <ul style="list-style-type: none"> <li>• Understand how to get support if they are concerned about their body</li> </ul>
		<p style="text-align: center;"><u>Future goals</u></p> <p>Know their own goals for life</p> <ul style="list-style-type: none"> <li>• Understand how to work towards these goals</li> </ul>
		<p style="text-align: center;"><u>Changes</u></p> <p>Understand emotional responses to changes</p> <ul style="list-style-type: none"> <li>• Know positive strategies to deal with change</li> <li>•</li> </ul>
		<p style="text-align: center;"><u>Stereotypes</u></p> <p>Understand what a stereotype is</p> <ul style="list-style-type: none"> <li>• Know how to challenge stereotypes</li> <li>• Know how the media can reinforce stereotypes</li> </ul>
		<p style="text-align: center;"><u>Reproduction</u></p> <ul style="list-style-type: none"> <li>• Understand the biological process of reproduction and birth</li> </ul>