

## PSHE Year 2

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| <p>This document shows the Year 2 PSHE (Personal, Social, Health and Economic education) curriculum for the full school year. The majority of lessons covering the RSE (Relationships and Sex Education) curriculum set by the Department of Education are in the Autumn and Summer terms. Lessons will normally be taught in the order seen unless the need for a specific topic changes for the year group.</p>          |   |  |
| <p>Autumn- Relationships<br/>(Class Pledge)<br/>(Online Safety)<br/>(Bonfire Night Safety)</p>   | <p>Spring- Living in a Wider World<br/>(Road Safety)<br/>(Emergency services calls)<br/>(First Aid)</p>   | <p>Summer- Health and Wellbeing<br/>(Sun Safety)</p>   |
| <p style="text-align: center;"><u>Secrets</u></p> <p>Understand the difference between secrets and surprises</p> <ul style="list-style-type: none"> <li>• Know when secrets shouldn't be kept secret</li> <li>• Understand responsibility in keeping themselves and others safe</li> </ul>   | <p style="text-align: center;"><u>Our class</u></p> <ul style="list-style-type: none"> <li>• Understand and follow class rules</li> <li>• Know how to make their class a positive place to be</li> <li>• Understand how rules help</li> <li>• Take responsibility for their actions and behaviour</li> <li>• Understand that all living things have rights that have to be respected</li> <li>• Know how to share and take turns</li> </ul> | <p style="text-align: center;"><u>Hygiene routines (inc dental)</u></p> <ul style="list-style-type: none"> <li>• Understand importance of good hygiene</li> <li>• Know what could happen if someone had poor hygiene</li> <li>• Know and follow simple hygiene routine</li> </ul>  |
| <p style="text-align: center;"><u>Personal space</u></p> <ul style="list-style-type: none"> <li>• Understand they have the right to say no</li> <li>• Understand body language can tell us how someone feels</li> <li>• Know who to talk to if they have been made to feel uncomfortable</li> <li>• Know who makes them feel safe</li> <li>• Understand that some touching is not fun and can hurt/be upsetting</li> </ul> | <p style="text-align: center;"><u>Team work</u></p> <ul style="list-style-type: none"> <li>• Understand they belong to various communities</li> <li>• Know how to work as a team and how to avoid anyone being left out</li> </ul>  | <p style="text-align: center;"><u>Personal safety</u></p> <ul style="list-style-type: none"> <li>• Understand what situations might be unsafe</li> <li>• Know how to act in unsafe situations</li> <li>• Know who to talk to when feeling unsafe</li> <li>• Know that everyone deserves personal privacy</li> <li>• Understand concept of consent</li> </ul> |
| <p style="text-align: center;"><u>Bullying</u></p> <ul style="list-style-type: none"> <li>• Know what counts as bullying</li> <li>• Understand the difference between bullying and teasing in different situations</li> <li>• Know strategies to handle bullying</li> <li>• Know who to talk to if bullying is happening</li> <li>• Understand there are different types of bullying</li> </ul>                            | <p style="text-align: center;"><u>Our environment</u></p> <ul style="list-style-type: none"> <li>• Know what is good about the school environment</li> <li>• Understand how weaknesses of the school environment could be improved</li> <li>• Understand their responsibility to look after the school environment</li> </ul>   | <p style="text-align: center;"><u>Medicine safety</u></p> <ul style="list-style-type: none"> <li>• Understand why medicines are needed</li> <li>• Know how to help themselves feel better without medicines</li> <li>• Understand medicine safety and responsibility</li> </ul>  |

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| <p style="text-align: center;"><u>Family</u></p> <ul style="list-style-type: none"> <li>• Know who is part of their support network</li> <li>• Understand why these people are special to them</li> <li>• Understand how families can come in different shapes and sizes</li> </ul>  | <p style="text-align: center;"><u>Saving money</u></p> <ul style="list-style-type: none"> <li>• Know that money can be saved</li> <li>• Understand the choices they have with money</li> <li>• Understand the difference between essential purchases and non-essential purchases.</li> </ul> | <p style="text-align: center;"><u>Change</u></p> <ul style="list-style-type: none"> <li>• Be aware of some of the changes they may face at this age</li> <li>• Understand emotions surrounding change and loss (I.e. moving house)</li> <li>• Know how to support themselves during change and who to seek help from</li> </ul> |
| <p style="text-align: center;"><u>Understanding emotions</u></p> <ul style="list-style-type: none"> <li>• Know how to communicate feelings to others</li> <li>• Understand how others feel</li> <li>• Understand how to deal with negative feelings#</li> <li>• Know what to do if they are upset by someone else's behaviour</li> </ul> | <p style="text-align: center;"><u>First Aid</u></p> <ul style="list-style-type: none"> <li>• Know how to make a 999 call</li> <li>• Know what to do if someone was hurt</li> </ul>   | <p style="text-align: center;"><u>Growing up</u></p> <ul style="list-style-type: none"> <li>• Understand different parts of the human life cycle (baby to death)</li> <li>• Know what humans physically can and cannot do at different ages</li> </ul>  |
| <p style="text-align: center;"><u>Kindness</u></p> <ul style="list-style-type: none"> <li>• Know how to negotiate to maintain positive relationships</li> <li>• Know how to support others</li> <li>• Understand how their behaviour can affect other people</li> <li>• Understand fair, unfair, kind and unkind.</li> </ul>             |  | <p style="text-align: center;"><u>Body differences</u></p> <ul style="list-style-type: none"> <li>• Understand the main differences between male and female</li> <li>• Know that humans can have the same body parts but they can look different</li> </ul>   |
| <p style="text-align: center;"><u>Friendship</u></p> <ul style="list-style-type: none"> <li>• Understand how friends care for each other</li> <li>• Know that friendship is a type of relationship</li> </ul>  |  |   |
| <p style="text-align: center;"><u>Differences</u></p> <ul style="list-style-type: none"> <li>• Understand physical and non-physical differences and similarities between people</li> <li>• Understand how to talk about other people respectfully</li> </ul>   |  |   |